**Recovery Support Groups at Chapel Hill UMC**

**Sunday ------- 9:40 – 11:00 am – FH2**

**Sunday Morning Recovery SS**

Contact Michael & Rhena Reynolds @ 431-6743

**rhenac1964@gmail.com**

**Tuesday ------ 10:30– 11:30 am - GH 1**

**YANA – (Closed Group, Women Only)**

Contact Karen Frederickson @ 818-7408

 karenf123@cox.net

**Tuesday ------ 6:30 – 7:30 pm – Basement 1**

**Al-Aon-(Serenity on the Couch) (Women Only)**

Contact Lori Gooding @ 627-7200

 lowhite91@aol.com

 **Tuesday ------- 6:30 – 7:30 pm - Basement**

**Book Study Group** (room with a cross on the floor)

Contact Clif Gooding @ 627-7772

clifgooding@gmail.com

**Wednesday ---- 6:00 – 7:30 pm – GH 3**

**Recovery & Life Support**

Chris Dodson @ 751-0755

cdodson@mychapelhill.org

**Wednesday --- 6:45 – 8:00 pm – Basement/Big Room**

**AA --- Altered Boys, Big Book Study (Closed Group, Men Only)**

Contact Clif Gooding @ 627-7772

clifgooding@gmail.com

**Thursday ------ 7:00 – 8:00 pm - FH 4**

**AA --- Cornerstone #2, 12 & 12 Study (Closed Group)**

 Combined Men & Women

 Contact JoAnn Johnson @ 408-590-2019

 joanncolejohnson@yahoo.com

 **Thursday ------ 7:00 – 8:00 pm – FH2**

 **AL-ANON**

Contact Shayna Mahan @ 405-888-2144

 shayna.l.halstead@gmail.com

 **Thursday ----- 7:00 – 8:00 pm - FH3**

**Alateen**

 Contact Mike McClellin @ 405-412-3638

 mike73120@yahoo.com

**Closed Meetings** are for AA members only, or for those who have a drinking problem **and** “have a desire **to stop** drinking.”

**Open Meetings** are available to anyone interested Alcoholics Anonymous program of recovery from alcoholism. Non-alcoholics may attend open meetings as observers

